

Medicare Preventive Care

PREPARE FOR YOUR WELCOME TO MEDICARE AND ANNUAL WELLNESS VISITS

Medicare covers one Welcome to Medicare preventive visit in your first year of having Medicare Part B, then one Annual Wellness Visit per year after that, with zero cost-sharing as long as you see the appropriate providers. Keep in mind that these visits are not head-to-toe physicals.

During the Welcome to Medicare Visit, your provider will:

Review your

- Medical history
- Social history
- Health status
- Risk factors



Give you resources related to your risk factors and health needs



Give you a checklist or written plan with information about other preventive services you may need



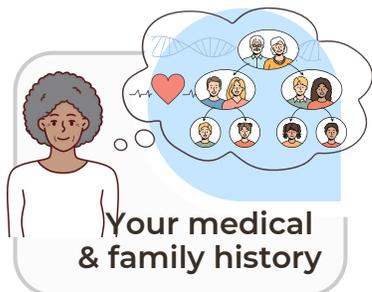
Annual Wellness Visits

Medicare will cover once you have had Part B for 12 months



These yearly appointments with your primary care provider create or update a personalized prevention plan. This plan can help prevent illness based on your current health and risk factors.

For both kinds of preventive visits, gather information about:



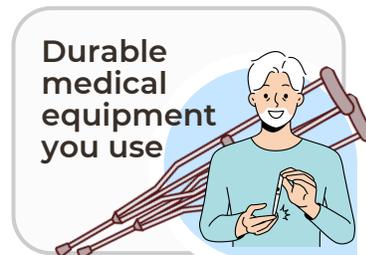
Your medical & family history



Doctors you use



Your medications



Durable medical equipment you use



SHIP

State Health Insurance Assistance Program

Contact your State Health Insurance Program (SHIP) if you would like to learn more about how Medicare covers preventive services.

shiphelp.org | 877.839.2675

SHIP counselors are certified professionals who assist in understanding Medicare, Medicare Advantage, prescription drug coverage, supplemental insurance (Medigap), and long-term care insurance.

