## **Testimonial Transcript: SHIP Volunteer William Chao**

## \*spoken in Taiwanese\*

After you retire, you may want to help people understand the government health programs. Would you like to do that?

## \*in English\*

I came from Taiwan, China in 1972. After my retirement, I found this kind of volunteer work. I'm happy with it; I'm very happy with it. I like to learn, so I have the training. I get the training from the programs, and I provide the knowledge I learn to the senior people in my community in my language. So, they don't have to learn anything but they get the information across over to them.

Senior people, they are lonely and they don't get a lot help from other people, even their kids - they are busy, different cultures, education backgrounds - so they don't want to talk to them and they cannot get their idea across, so they have to go to their age - the community that is the people of their age. To help senior citizens, I think is very important. When we get old, and getting older and older, we get less help and help - not just money, also psychologically. We need people to help us to support us to live. That's important for senior people, psychologically and socially. I feel like I'm respected by people. Then the people know me, and they can come ask for help, and I feel my life, my value of life, get higher. After I retire, I still can find my role in the society and help people.

## \*in Taiwanese\*

If you have any questions about Medicare. You are welcome to call us or participate in a senior center or your local SHIP Center.

State Health Insurance Assistance Programs. Available in your area. Local, unbiased, and trusted Medicare help. Visit www.shiptacenter.org for more information. Depending on your area, the SHIP program may also be known by one of these names.

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