

Testimonial Transcript: Annie Selley

I am a volunteer because there are so many people that just don't know. They don't know what to do. They don't know where to go. They don't know who to talk to. All the information that they get, they don't understand it. And if you don't have relatives or someone to help you, you don't know.

One of the challenges that I see that some of the seniors cannot hardly read what it is. They don't know the terminology of what the letter may be saying. That's one of the most important things there that they don't. Either they can't read it, or then they're probably too ashamed to tell you that they can't read or they can't understand it. So that's one of the things with the seniors. They either can't hear, or they cannot read, or they don't understand it.

Makes me want to get up in the morning and do the best that I can, you know. It's just a joy, a blessing to help and to give. And it doesn't take very much of your time. Two or three hours a day. Maybe one or two days out of the week, and you will just feel good about yourself. Just helping and giving to someone that is in need. And it is, to me when you give, it just makes you feel so good inside. And knowing that I'm helping someone. Because you never know, everybody has a term. I'm gonna have a term and maybe someone, I may not have the answer, and maybe I can call a counselor, and they can direct me, you know, as well.

My goal is to help the seniors or the disabled the best that I can.

State Health Insurance Assistance Programs. Available in your area. Local, unbiased, and trusted Medicare help. Visit www.shiptacenter.org for more information. Depending on your area the SHIP program may also be known by one of these names:

This testimonial was supported in part by a grant (No. 90ST1001) from the Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official ACL or DHHS policy.