Become a SHIP volunteer.

Help others navigate Medicare with your local State Health Insurance Assistance Program (SHIP).

SHIP provides unbiased support to Medicare beneficiaries and their families so they can make informed decisions about their care and benefits. Navigating Medicare can be complicated, but SHIP can help by answering questions and providing personalized guidance to those who need it.

You know your community best. That's why we want your help to support your friends and neighbors as they enroll in Medicare for the first time, review plan options, or troubleshoot problems. Your local SHIP has many volunteer opportunities, both virtually and in-person. Whether it's conducting one-on-one counseling, speaking to groups, or providing office support, SHIP can find a role that's just right for you.

As a SHIP volunteer, you can:
- Give back to your community.
- Stay engaged and connected.
- Sharpen and build your skills.

“What I am doing now is a good reason for me to get up in the morning. It makes me feel good about myself. It lets me know that I am helping people make their lives better.”

-SHIP volunteer

SHIP screens, trains, and certifies all volunteers as Medicare experts so you don’t need a background in health insurance to get involved. All you need is integrity, a willingness to learn, and a desire to help others.

Learn more at: shiphelp.org/volunteer or call 1-877-839-2675

We’re always looking for multilingual volunteers. Reach out to your local SHIP for opportunities.

SHIP is supported through state and federal partnerships that are not reimbursed by private health insurance plans or entities. SHIP is not paid per enrollment.

SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov.