

## Testimonial Transcript: SHIP Client Betty Jerry

Don't be afraid to ask questions and find every source of help that you possibly can. Medicare, it was confusing. The initial signing up for it was confusing to me. There was so many different letters and everything coming to me from different places and trying to decipher all the information that each one was giving - it was very confusing. I just signed up. Actually, that's all I did. As far as making the best choices, I don't know to this day whether I made the best choices, but I just went on and signed up. When I talked to the person that's over the program here, right away I was told, "Come to my office and I can help you; that's what we're here for." It was very helpful for me. "We'll show you the options." Seeing all the options is helpful to you because at least you know what A does, you know what B does, C, and so forth and so on.

It makes me feel like I matter. Because before the help that I received here, it's like I was a ball just thrown around, you know? Back and forth, back and forth. You don't have this; you don't have that. So, I really feel like I matter.

What I would say personally is, go to the agency to see what help you can get there. Well, as the saying goes, "You give someone the light, they can find their own path." And they give you their light.

State Health Insurance Assistance Programs. Available in your area. Local, unbiased, and trusted Medicare help. Visit [www.shiptacenter.org](http://www.shiptacenter.org) for more information. Depending on your area, the SHIP program may also be known by one of these names.

This testimonial was supported in part by a grant (No. 90ST1001) from the Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official ACL or DHHS policy.