

Testimonial Transcript: Freddie Black

Through volunteering you not only give information to others, but you gain information for yourself.

I still enjoy dancing and one of my philosophies is not to let my age stop me from doing the things that I enjoy doing.

Volunteering is important to me because I've learned a lot over my lifetime. And I enjoy sharing that knowledge and the know-how that I have to make things better for others. At my age at that time I didn't want to have to be trained and have to remember a lot of stuff so I volunteered as an administrative assistant as opposed to a counselor.

Volunteering keeps me wanting to learn more, for one thing. And I do learn from the jobs that I do because I don't know everything. So I've had a great learning experience volunteering here.

They help people understand all of the literature that comes in the mail regarding Medicare and the papers you have to fill out and all of that kind of thing. And you almost need a college education to understand all the brochures and offers from this company and that company. And it's a wonder that you don't just say, well do what you want to do, because sometimes it gets very confusing. And depending on what work you did when you were working, you may not have enough money in retirement to take care of all the bills you might have. And you're gonna have some because you have to. You have to live, you got to pay your rent. You got to buy your food.

It helps to have to be able to talk to a counselor to explain what your situation is and what you're looking for and have them guide you or give you, maybe, some additional information about this program or that program to help you make an informed decision.

State Health Insurance Assistance Programs. Available in your area. Local, unbiased, and trusted Medicare help. Visit www.SHIPTACenter.org for more information. Depending on your area the SHIP program may also be known by one of these names:

This testimonial was supported in part by a grant (No. 90ST1001) from the Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official ACL or DHHS policy.